

ROTHAY MANOR



Walking

WALKS

Our favourite way to explore the Lakes is on foot. We are passionate outdoor explorers and are often found roaming the fells, in our free time, with our two spaniels. This guide shares with you snippets of some of our favourite routes from a gentle amble and some sightseeing, through to bigger hikes if you're feeling more adventurous (the walk to Grasmere is worth it for the gingerbread alone).

Rothay Ramble 1

TO WATERHEAD

A short stroll along the River Rothay to the head of Lake Windermere. Imagine life as a Roman soldier as you explore the ruins of Galava Roman fort, before heading onto Waterhead where you can jump on a Windermere Lake Cruise or even hire a small boat!

- 1 Leave Rothay Manor through the pedestrian gate, cross the road, and go through the 5-bar gate to the left of The Woolly Rug Company.
- 2 Follow the river on the prominent path towards the head of Lake Windermere.
- 3 Spend some time walking around the Roman Fort.
- 4 Walk through Borrans Park to Waterhead - here you can take a Windermere Lake Cruise.



APPROX 1.5KM (30MINS)

LILY TARN

A wonderful, varied walk that has stunning views from every direction.
At Lily Tarn enjoy vistas of the majestic Langdale Pikes to the South West and the Fairfield Horseshoe to the North.

- 1 Leave Rothay Manor through the pedestrian gate, cross the road and go through the pedestrian gate on the right, crossing the bridge over the river. Turn left.
- 2 Follow the road until you pass the row of houses. Take the marked footpath opposite the junction and walk up the steep foot path.
- 3 Continue through the woods until you reach a gate. Go through this gate. Follow the prominent path. At a clear junction where there is a bench take the path bearing right, uphill.
- 4 Follow the same direction until you find a small tarn. Take the path bearing left. Over the brow you will find Lily Tarn.
- 5 Follow the prominent path, through the kissing gate. Take the path bearing left.
- 6 Cross the stream, at the top of the hill turn right and re-cross the stream.
- 7 Follow the Cumbria Way through 3 gates until you reach a road.
- 8 At the bottom of the road turn right over the cattle grid. Follow this road until you reach Rothay Manor.



WONDERFUL WOODLANDS

A great walk to do on a damp day, as the woodlands will give an element of shelter, and the waterfall at Stock Ghyll will be at its most impressive!

- 1 Leave Rothay Manor through the main entrance, turn right, and take the footpath approx. 100m on left. Continue until you reach Lake Road. Cross over the road and through the car park, bear right along Old Lake Road.
- 2 Take Stock Ghyll Lane bearing left up a steep road. Continue until the road becomes a track and you enter Skelghyll Wood.
- 3 At the stream take the footpath left which follows the stream steeply uphill. Pass through the gate which leads to the fell. Follow the path which bears left.
- 4 Continue until you reach a gate which leads into Redbank wood.
- 5 Follow the path down through the woods. Go through the next gate at the exit of the woods and take the prominent path bearing right.
- 6 Continue until you reach a kissing gate. Bear left, downhill. Over the stile and turn left down the road.
- 7 Pass over a cattle grid and on the right is a prominent sign to the Waterfalls.
- 8 After exploring the waterfalls and woods exit back onto the road which leads to Ambleside, and make your way back to Rothay Manor.



APPROX. 5.5KM WITH 250M ASCENT (2 HOURS 15MINS)

AROUND LOUGHRIGG

Our longest Rothay Ramble which takes you past the scenic Loughrigg tarn (take a moment to admire the views on the conveniently placed bench!), and onwards along Loughrigg terrace to the shores of Rydal water. Make sure you take a detour to explore the caves, which were once part of a busy working mine.

- 1 Leave Rothay Manor through the pedestrian gate. Cross the road and go through the pedestrian gate on the right, crossing the bridge over the river. Turn right. Cross the road and follow the road immediately opposite.
- 2 Continue until you reach a cattle grid. After the cattle grid take the turning on your left. Follow the road until it becomes a prominent track. Pass through 3 gates. Cross the stream and continue on the path.
- 3 Pass through a gate and follow the steep, rocky path. Bear right through the gate.
- 4 Cross through the pasture fields until you reach a prominent track and can see Loughrigg Tarn. Turn right along this path.
- 5 The path continues to meet a road. Turn right along this road. At the T junction where another road meets, take the path that leaves the road through a gate, signposted Deerbolts wood. Continue down through the woods bearing right until you reach Grasmere lake.
- 6 Follow the high path towards Rydal Water until you finally reach the Rydal caves. After leaving the caves follow the path until you reach a gate at the end of the lake. The path becomes a track and leads onto a road. Follow the road, cross the cattle grid, turn right and cross the next cattle grid.
- 7 Follow this road until you reach Rothay Manor (approx. 3km).

APPROX. 11KM WITH 275M ASCENT (4 HOURS)



SWEDEN BRIDGES

Sweden Bridge is a quaint 17th century packhorse bridge, built on the route which connected Ambleside to Patterdale before the construction of the Kirkstone Pass. This is a lovely, peaceful walk, perfect for a summer's day, but equally as enjoyable at any time of year!

- 1 Leave Rothay Manor through the main entrance and turn left. Follow Borrans road passing the Recreation Ground on your left. Continue up Church Street. Turn left at the end of the road onto Lake Road. Follow the road passing the Salutation on your right. Turn right at the Post Office. Continue to the end of the road. Turn right onto "The Struggle". At a small green turn left.
- 2 Continue up Sweden Bridge Lane until you reach a gate. Follow the prominent track, passing through 3 gates.
- 3 When you reach High Sweden Bridge cross over and bear left, through the gates.
- 4 Follow the stepped path passing over a stile. At the brow of the hill take the clear track bearing left.
- 5 Continue down passing one gate, over Low Sweden Bridge and then through another gate, then onto Nook Lane. Take the lower road until you reach the Golden Rule. Stop for beer! Make your way back to Rothay Manor.

APPROX 7KM WITH 250M ASCENT (2 HOURS 30MINS)

