

HOUSE MENU

SNACKS

Marinated mixed olives £6
Cumbria Salami Co Charcuterie £6

Smoked Torpenhow cheese croquettes £6
Honey, sesame & soy pork belly £7.50

SOUP & SANDWICHES - sandwiches served until 5pm

Soup of the day, warm bread & butter £10
Ham & cheese toastie £13
Roast beef - tomato, watercress, horseradish £14
Smoked salmon - dill & yoghurt dressing, gherkins £14
Roasted red pepper houmous, avocado, tomato £11

SMALL PLATES & SALADS

Superfood salad £16
Kale, quinoa, edamame beans, avocado, broccoli, spinach, orange, pinenuts, pumpkin seeds, chia seed dressing

Burrata & tomato salad £18
Heritage tomatoes, pinenuts, basil oil, balsamic glaze

Smoked chicken Caesar salad £17

Cumbrian charcuterie, house pickles, sourdough £17
- add selection of cheese £8

Cartmel Valley smoked salmon plate £16
dill pickles, pea shoot, lemon creme fraiche

Scotch egg, piccalilli £12

Baked Camembert, sourdough, chutney £16

BIG PLATES

Cumbrian beef burger £25
Smashed beef patties, smoked cheddar, streaky bacon, burger sauce, fries

Day boat fish caught by local fisherman Christopher Sanders £MKT

Omelette Arnold Bennett £18
smoked haddock, gruyere, salad

Risotto £16
roast beetroot, hazelnut & watercress pesto

SIDES

House bread £6
French Fries £6 / truffle & parmesan or garlic & chilli £8
Duck fat rosti chips £8
Jersey Royals, herb butter £7
Charred tenderstem broccoli, pine nuts, lemon dressing £7
Growing Well House Salad £4

SWEET TREATS

Mixed berry pavlova £12
Sticky toffee pudding with caramel sauce £12
Affogato £12
Rowan ice creams and sorbet -
1 scoop £4 / 2 scoop £6 / 3 scoop £8

A discretionary service charge of 12.5% will be added to your bill. If you have any food allergies or intolerances please let us know.

ROWAN



AT ROTHAY MANOR